



**SJMBA  
WINTERBALL PROGRAM  
2025**

SJMBA is pleased to once again offer our Winterball program to players from all baseball associations or players who just want to try out baseball.

***REGULAR PROGRAM***

This program is offered to players aged 7-16.

There will be two 6-week sessions this year:

**Session 1: January 3 – February 21**

**Session 2: February 28 – April 11**

Sessions will take place every Friday from **6:30 – 10:00 pm** at the Techniplex. Sessions will be split into two groups or segments:

**Early Group - 6:30 – 8:10 pm: Open to house league and beginner players aged 7-13 (born in 2018 to 2012)**

**Late Group - 8:25 – 10:05 pm: Open to 11U, 12U, 13U, 14U, 15U and 16U all-star players and 15U/18U house league players**

## **DETAILS**

- 6 sessions
- Entire Techniplex used for all sessions
- Head Instructor – Mark Healy
- Experienced instructors from St. John's Amateur Baseball
- Excellent instructor-player ratio
- Program will focus on skill development, teaching baseball strategies/rules and having FUN!

**COST - \$225.00 for a single session or \$400.00 for both sessions**

**Note: We cannot guarantee that players who register for Session 1 only will get a spot in Session 2.**

## **FEMALE PROGRAM**

There will be two 7-week session for all girls aged 6-16.

**Session 1 - January 5 – February 23**

**Session 2 – March 2 – April 13**

Sessions will take place every Sunday night from **6:30 – 8:00 pm** at the Techniplex.

### **DETAILS**

- 6 nights in each Session
- Head Instructor – Mark Healy
- Experienced female and male instructors from the region
- Excellent instructor-player ratio
- Program will focus on skill development, teaching baseball strategies/rules and having FUN!

**COST - \$225.00 for a single session or \$400.00 for both sessions**

**NOTE: WE WILL ALLOW FEMALES TO REGISTER FOR BOTH THE REGULAR AND FEMALE WINTER BALL PROGRAMS.**