



SJMBA WINTERBALL PROGRAM 2023

SJMBA is pleased to once again offer our Winterball program to players from all baseball associations or players who just want to try out baseball.

REGULAR PROGRAM

This program is offered to players aged 7-16.

There will be two 7-week sessions this year:

Session 1: January 6 – February 24 (no program on Jan 20)

Session 2: March 3 – April 28 (no program on April 7 or April 21)

Sessions will take place every Friday from **6:30 – 10:00 pm** at the Techniplex. Sessions will be split into two groups or segments:

Early Group - 6:30 – 8:10 pm: Open to house league and beginner players aged 7-13 (born in 2016 to 2008)

Late Group - 8:25 – 10:05 pm: Open to 11U, 12U, 13U, 14U, 15U and 16U all-star players and 15U/18U house league players

DETAILS

- 7 sessions – over 11 hours in total
- Entire Techniplex used for all sessions
- Head Instructor – Mark Healy
- Experienced instructors from St. John's Amateur Baseball
- Excellent instructor-player ratio
- Program will focus on skill development, teaching baseball strategies/rules and having FUN!

COST - \$225.00 for a single session or \$400.00 for both sessions

Note: We cannot guarantee that players who register for Session 1 only will get a spot in Session 2.

FEMALE PROGRAM

There will be two 7-week session for all girls aged 6-16.

Session 1 - January 8 – February 26 (no session on Jan 22)

Session 2 – March 12 – April 30 (no session on April 9)

Sessions will take place every Sunday night from **6:30 – 8:00 pm** at the Techniplex.

DETAILS

- 7 nights in each Session – 10.5 hours in total
- Head Instructor – Mark Healy
- Experienced female and male instructors from the region
- Excellent instructor-player ratio
- Program will focus on skill development, teaching baseball strategies/rules and having FUN!

COST - \$225.00 for a single session or \$400.00 for both sessions

NOTE: WE WILL ALLOW FEMALES TO REGISTER FOR BOTH THE REGULAR AND FEMALE WINTER BALL PROGRAMS.

REGISTRATION

Registration will commence on **MONDAY, NOVEMBER 21, 2022**.
Registration will take place online through our
website www.baseballstjohns.ca.

Payment must be paid through the system at time of purchase,
however there are payment plans available through the system.
You will be able to pay on-line through any major credit card.

LIMITED SPOTS SO BOOK EARLY!